



DESPATCHES

SAILABILITY BAYSIDE

Sailability Bayside is an all volunteer non-profit organisation dedicated to providing sailing for people with disabilities, regardless of age, gender or disability.

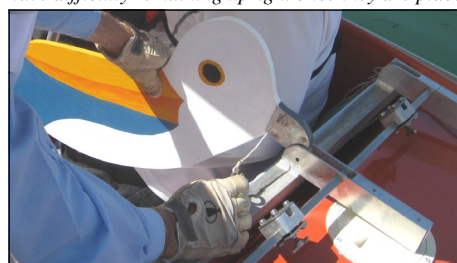
Sailability Bayside Inc.

September 2011

Manly Queensland



Volunteer Skipper Roger Wooller awaits his next client, accompanied by one of our colourful division boards. Creatively painted by volunteer Bob Service to resemble pelicans, the boards assist clients who have difficulty remaining upright once they are placed in the dinghies.



INNOVATIONS ADD COMFORT AND SAFETY

Great new innovations have made their debut at Sailability Bayside as a result of wonderful creativity and thoughtfulness of our volunteers and supporters.

A new dinghy headrest developed by volunteer Geoff Pease has been rated a huge success by skippers, clients and carers alike. This has been made possible with the assistance of Erich Bachmayer and the technical support and donation of equipment by Luke Meighan on behalf of Invacare, (formerly Morris Surgical).

At the moment we only have one of the prototype headrests operational, but with the involvement of Luke Meighan and Invacare we are hoping to have more in use in the not too distant future.

As part of this development, a "division board" can be added to the headrest structure. This has proven to give stability to clients during sailing and assists skippers to maintain better balance and control of their craft.

The finishing touches have been provided by Bob Service with his stylish painting of pelicans on the division boards.

Our pictures left show:-

Top - The "Pelican" division board slides into the slot on the headrest bracket.

Centre - Greg De Bene from the Brigadoon Nursing Home at Acacia Ridge, supported by the new headrest, is about to set sail with recently certified dinghy skipper Jim Nesbitt, who is thoroughly rapt to be taking out Sailability clients for the first time.

Bottom - Volunteer John Gadd demonstrates the new headrest to President Bob Jackson.



EJ LOVES THE FREEDOM OF SAILABILITY



Another Thursday! Elizabeth (EJ) Saunders ready for another Sailability sailing day.

Meet Elizabeth Jane ("EJ") Saunders. EJ is one of our bright, bubbly Thursday clients who began coming to Sailability towards the end of last year. Volunteers are always rewarded by a bright smile and a lively wit when EJ arrives through the gates each week and she tells us that she really enjoys the freedom that sailing in an Access 303 dinghy gives her.

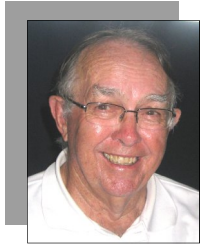
On one of her visits to Sailability earlier this month EJ was excited to share with us news of the birth of a new niece, which now brings to four the number of nieces and nephews she has. EJ has not met her latest niece for a cuddle yet, so until she does she is happy to make do with pictures on her mobile phone which she proudly showed off to all her Sailability friends.

Transport for EJ comes from the Cerebral Palsy League's Cascade Services - a trip of about 40 minutes from Deception Bay. She also enjoys other activities organised through Cascade Services, particularly art.

We love having you aboard as one of shipmates EJ and hope you will continue to enjoy sailing for many years to come.

Like to be a volunteer at Sailability Bayside?
You will be made very welcome!
Tel 3843 5509

The President's Report



President Bob Jackson
Sailability Bayside

This will be my last term as President. Our constitution allows for two years and this is my second year in this position.

Firstly I want to record my thanks to a marvellous group of volunteers, and I recognise their efforts and energy. Our committee deserves congratulations for the "behind the scene" work which is essential to the successful running of Sailability.

In my previous report I spoke of the challenges facing us with the development of the pontoon. I am pleased to say that the pontoon is now working very successfully due to the innovations of volunteers. I believe the way we operate will continue to change and improve as time goes by.

We continue to attract financial assistance from service clubs, especially Capalaba and Macgregor Lions and I recognise those contributions.

Our finances are secure, our fleet and equipment is in good condition and our tenure with Darling Point Sailing Squadron is safe.

Volunteers need a sense of ownership for an organisation to be successful. I believe that feeling of ownership exists with Sailability Bayside volunteers and is an essential part of our success and well being.

Bob Jackson
President

Editor's Note: Sailability Bayside has seen an almost immeasurable growth in the years under President Bob's leadership and direction. Without doubt, the most significant legacy Bob will be remembered for the initial negotiations, development and final installation of the state of the art pontoon back in November 2010, which now enables us to skilfully handle up to 60 clients per sailing day. Be assured Bob that your enormous contribution to the success of our club is hugely appreciated as you now move on, leaving us in such a healthy state as we continue in our quest to provide such a worthwhile regular activity for so many of our disabled friends. Thanks so much from all on your volunteer team and all our clients and carers.

Sailability Bayside Needs You On The Committee!



The Annual General Meeting of Sailability Bayside will be held on Thursday 15th September at 2.00 pm at the Darling Point Sailing Squadron, Manly. All positions are vacant and new blood is needed to keep our committee fresh and keen.

If you have ever considered taking on a Committee position then don't be shy - this is the time to do it!

Being on our committee is a rewarding and worthwhile activity as we help shape the direction of Sailability Bayside for the 12 months ahead. We are always seeking new ideas and input so if you think you have something to contribute you are most welcome to become part of our team.

For further information, please talk to President Bob Jackson or any other current committee members.

Volunteer Drive Moves Onshore To Manly Village

A lot of local interest was generated when a group of our dedicated volunteers, led by Ian Reid, recently set up one of our dinghies outside IGA in the Manly Village Shopping Centre to spread the word about the service we provide to our disabled clients.



One of our earliest visitors was 17 month old Hayden and his mother Kylie Brumwell. Although he's a little too young yet to become one of our volunteers, Hayden seemed keen to hang around and help Rick Carroll with our recruitment drive.

AND WE THOUGHT THEY HADN'T HEARD OF US IN THE USA!

In this new age of technology, the world has become a very small place.

Despatches Editor, Rosemary Were, was surprised to receive an email from the USA a couple of months back from Ken Holmes in Georgia. Ken had "Googled" his old school chum from Kenya, Roger Wooller. Up popped a recent edition of Sailability Bayside Despatches complete with a photo of, you guessed it, Roger!

A quick return email to the USA from Rosemary confirmed that "our" Roger did indeed seem to be the 10 year old mate Ken Holmes remembered, and she was able to put them in touch to reminisce about old times. Isn't modern technology wonderful?

IMPORTANT TRAINING DAY

Thursday 22nd of September, during the school holidays, has been set aside for a wide ranging training day for volunteers. Don't miss it! Lunch will be provided.

SIGNING ON ESSENTIAL

Volunteers are reminded that they must sign-on each sailing day. Failure to sign on could result in insurance claims being rejected should an accident occur.

FOCUS ON CARERS

CARERS PLAY SUCH AN IMPORTANT ROLE

The large dedicated team of carers who accompany their clients to Sailability are quite often unsung heroes, but without them it would not be possible for many people to join us for sailing. Most groups have to travel many kms from their bases and a carer's day can begin with them helping prepare their clients for the day ahead before boarding their cars and vans to travel to Manly. Many wheelchair-bound clients and those with walkers need a lot of help into and out of their vehicles, which all takes time.

Once they've registered their clients on arrival at Sailability, carers then have the responsibility of attending to the various needs they have, depending on their disabilities. Although a number of them bring their own food to accommodate their special dietary needs, there is always a constant stream of people lining up for the delectable food from volunteer Sid's barbecue. And nowadays, there is also a great demand for tea and coffee and the yummy cakes made by Dulcie Wilkie. Although sailing is, without question, a much anticipated priority, it sometimes appears that meal times are also looked forward to almost as much!

ENCOURAGED BY THEIR CARERS THESE GUYS ARE ENTHUSIASTIC SAILORS!



Cascade Place sailors (from left to right) Tonia Hoffman, Dave Mason, Kristi Cochrane, Peter Phillips, Kim Marshall and Will Foord, accompanied by Jay Ioane, Brett Whitmore, Min Courtney and Trent Plaine waiting their turn to go out on the water.

Visitors from Cascade Place have been among our most enthusiastic sailors in recent years. Not only do their carers bring clients to Sailability Bayside on Mondays and Thursdays, but they also take others to Sailability at Mooloolaba and Scarborough. Now that's keen!

JOHN SEES VALUE IN SAILABILITY



Carer John Belesky, who has been bringing clients from Redland Respite Centre to Sailability for about six years, is pictured aboard Faith with volunteer Chris Stevens.

"LOVE SAILABILITY EVEN IF WE DON'T SAIL"



Ray Lee from Soubirous Place, accompanied by Nicole Matthews, waits patiently on the pontoon for his turn on the water.

Three groups from the Learning and Leisure Day Respite Centres divisions of Centacare Disabilities tell us they enjoy the opportunity to meet together at Sailability. Coming from Ambrose Place at Carole Park, Soubirous Place at Sunnybank and Impari Place at Yeronga, the large groups can be seen setting up together each Thursday in the grassed area under the trees adjacent to Trafalgar Street. Not only do the clients enjoy interacting with each other, but the carers say they also find it useful to mingle with others working in a similar area. However, not all the clients from the centres are keen on sailing, so to ensure they also enjoy the day's outing, their carers come well equipped with other enjoyable activities they can participate in, including soccer, bocce and tennis, using Velcro bats and balls.

At the end of the day, there is no doubt that a good time has been had by all!



IT'S ONLY 10 MINUTES TO OUR SAILING DAY

Some of our clients and carers have to travel an hour or so to get to Bayside Sailability, but participants from the Darling Point Special School just have a leisurely 10 minute stroll around Rose Bay right across from where we sail.

From the left: Kristin, Lea, Ben, Shane, Jennifer and Elliot on their way to another pleasant day sailing in the sun.



Sailability Bayside
Salutes Our Carers

SAILABILITY BAYSIDE

Sailability Bayside is an all volunteer non-profit organisation dedicated to providing sailing for people with disabilities, regardless of age, gender or disability.

We operate from the Darling Point Sailing Squadron, 22 Trafalgar Street, Manly (beside the Brisbane Coast Guard) 9.00 am Mondays and Thursdays during school terms.

New volunteers, ESPECIALLY SAILORS, are always very welcome.

Client Bookings Changes Cancellations

Tel 0432 152 310

Bookings are not carried over. They need to be re-made each term.

To contact Sailability on Sail Days between 9.00am and 2.00pm

Tel 0432 152 310

(do not call any other number on sail days)

Will Sailing Be Operating?

Tel 0401 994 271

2011 Sailing Calendar

TERM	START	FINISH
3	11 Jul	15 Sep
4	3 Oct	8 Dec

Please Note:

Sailing WILL be held on student free days

Sailability Bayside Contacts

President: Bob Jackson 3396 0620

Secretary: Kev Maddox 3843 5509

Registrar: Dulcie Wilkie 0432 152 310

Bayside Despatches
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Sailability Bayside Website
www.sailabilitybayside.org

"Sail into Freedom"
Sailability Bayside Incorporated
Helping People With Disabilities

This newsletter was proudly printed by Ross Vasta, MP, Federal Member for Bonner as a community service

SAILABILITY BAYSIDE THANKS LIONS CLUBS



The Lions Thank You Day provided motoring enthusiasts the chance to see Macgregor Lions Club President Chris Lintott (second from left) arrive in his lovingly restored Morris Minor

An enthusiastic group of members from the Capalaba and Macgregor Lions Clubs turned out on a recent sunny Sunday to participate in a "Thank You" day organised by our volunteers, with Carole Hovey at the helm. The Lions Clubs have been among our most generous sponsors since our inception and holding a day when their members were able to participate in our sailing activities was our way of showing how much we appreciate their contribution.

Sailability Adelaide Inaugural Member Welcomed by Bayside



Bob Schahinger, who was an original member of Sailability Adelaide, together with his wife, Deirdre, when it was inaugurated 16 years ago, enjoyed comparing notes with Faith skipper Reg Manser. Bob is Vice President Rules & Measurements of the International Access Class Association and took the opportunity to pop in and visit us when he was in Manly attending a Measurers' clinic.

NOTICE

ANNUAL GENERAL MEETING SAILABILITY QUEENSLAND INC

(not to be confused with the AGM of Sailability Bayside the previous week)

The Annual General Meeting of Sailability Queensland Inc will be conducted at 11.00am on Wednesday, 21st September 2011 at the Darling Point Sailing Squadron, Manly Boat Harbour.

All Sailability branch members in good standing are Associate Members of Sailability Queensland (not having voting rights) and are invited to attend the AGM. Associate Members will be invited to contribute to discussion in the General Business segment.

WOULD YOU LIKE AN ELECTRONIC COPY?

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If you would like to receive an electronic copy, which is published quarterly, please send your email address to the editor

were@bigpond.net.au

News News News News

- The alliance between all the users of the Darling Point Sailing Squadron site has obtained a 20 year lease on the site so our tenure in our present location is now secure and hopefully we can go ahead with extensions to the clubhouse area to provide better toilet and shower facilities, including a proper disabled toilet instead of the portable one that is being used at present.
- The local Red Cross has donated a mobility aid shower chair to help our disabled clients. Many thanks to the Red Cross for thinking of us.
- We now have a very delightful looking mannequin for our Man Overboard practice. Watch out for some very interesting pictures in future editions of Despatches once new procedures have been put into effect!
- Volunteers Dulcie Wilkie, Carole Hovey and David Hogg recently enjoyed a visit to The Tertiary Place to see some of our clients rehearse in their drum circle and choir. Not only did they have the opportunity to join these talented performers in a percussion session, but we are told that Carole was even persuaded to get up and dance with a pupil. Oh if we'd only had a camera there that day!
- We also believe that at another event attended by Carole Hovey and Dulcie Wilkie - the Winter Wonderland musical held at the Darling Point Special School - Carole again got up on stage and danced with our client Jeannie Fox and other students. What a trouper.
- Our Federal MP, Ross Vasta, has kindly donated an Australian flag that will be flown proudly from the masthead on sailing days.
- Certification Required! - All new sailors must be certified by an approved Certifying Officer prior to taking clients sailing.
- Blue Cards must be approved before volunteers can work with clients or take clients out sailing.